

# Wisconsin Farm to School

Farm to school promotes the health of Wisconsin children, farms and communities by connecting schools to local farms that supply fresh, healthy and minimally processed foods.



## Goals of Wisconsin Farm to School:

- Promote children’s health by providing fresh, healthy and minimally processed foods in schools and supporting the development of healthy eating habits
- Strengthen children’s and communities’ knowledge about, and attitudes toward agriculture, food, nutrition and the environment
- Strengthen local economies by expanding markets for Wisconsin agricultural producers and food entrepreneurs

## Farm to School is Rooted in the Following Values:

- An individual’s lifelong well-being depends on healthy eating habits
- Children should have access to fresh, healthy and minimally processed food as part of a nutritionally-balanced school meals program
- Wisconsin farms that serve local markets make essential contributions to a diverse food system
- Schools and nutrition professionals are important partners in supporting community well-being, local economies and environmental stewardship through their food and nutrition educational programs and purchasing practices

### Children Win:

Fresh fruits, vegetables, and other healthy foods help fight childhood obesity.

### Farmers Win:

Schools provide local farmers with new or expanded markets.

### Communities Win:

Money stays in the local economy.

### Schools Win:

Overall, schools report a 3-16% increase in meal participation when farm-fresh food is served, thus bringing in more funds.

**“Farm to school is what Wisconsin needs.**

**We are helping our farmers and raising healthier kids. It’s a win, win, win down the line.”**

*- Diane Chapeta, Nutrition Director, Chilton and Hilbert School Districts*

